

Proud to Bee a 4-H'er

Proud to Bee a 4-H'er: What's it all about?

4-H Canada and Syngenta Canada are excited to launch Year Four of ***Proud to Bee a 4-H'er!*** Because it's 2017—and Canada is celebrating its 150th birthday—we are aiming to send out 150 seed packets to 150 4-H clubs across Canada.

By participating in the ***Proud to Bee a 4-H'er*** campaign, you will get to:

- ✦ Spread the news about 4-H and the fun, meaningful, and engaging activities offered.
- ✦ Learn all about the amazing and fascinating work of bee pollinators.
- ✦ Get outside and enjoy nature. Plant, grow, and tend a pollinator-friendly garden.
- ✦ Celebrate Canada 150 by creating “beeautiful” gardens in YOUR community and sharing the fun with others.

So, how will you get to do all of this fun stuff? It's easy. All you have to do is follow these steps:

PHASE 1 – Plant a “Beeautiful” Garden

Step 1: Register Your Club

To participate, the first thing you need to do is register at <http://4-h-canada.ca/proudtobee>

Step 2: Plant Power!

Proud to Bee a 4-H'er packages will be received by participating 4-H clubs in Canada throughout March and April.

Here are a few ideas on the kinds of things you can do with your seeds:

- ✦ Plant the seeds in your backyard to create your own personal pollinator haven at home.
- ✦ Pool seeds together with other 4-H'ers to make one big pollinator garden in your community and invite members of your community to be a part of your activities – a great way to celebrate Canada 150!
- ✦ Give sell seed packets away as gifts or use them to fundraise for your club.

Why Are Bee-Friendly Gardens Important?

By using your bee pollinator seed mix, not only are you growing a beautiful garden, you are also helping to create pollinator-friendly habitats. And healthy pollinators are an important part of a healthy ecosystem and a sustainable food supply. When pollinators land on a flower or a plant to gather food for themselves, they are also helping to feed us. That's because during their daily flower-hopping trips, pollinators end up transferring pollen from plant to plant—helping plants become fertilized and reproduce. Check out the online [Pollinator Fact Sheet](#) for more information!

PHASE 2 – Share the Buzz

4-H Canada would love to see, hear, and track your involvement and progress with ***Proud to Bee a 4-H'er***.

Keep in touch with 4-H Canada by:

- ✦ Posting on Twitter, Facebook and Instagram using #ProudToBee4Her
 - Facebook: [facebook.com/4hcanada](https://www.facebook.com/4hcanada)
 - Twitter: [@4HCanada](https://twitter.com/4HCanada)
 - Instagram: [@4HCanada](https://www.instagram.com/4HCanada)
- ✦ Email photos of your gardens and club activities, comments and updates to communications@4-h-canada.ca

In Partnership:

