

# United Kingdom

## Country Profile

2019 Going Global Exchanges



### 4-H in the United Kingdom

4-H's counterpart in the United Kingdom is the National Federation of Young Farmers' Clubs (YFC). The YFC is 100% member-run, and engages youth aged 10 to 26 who are active in rural life and agriculture. Just like the Canadian 4-H experience, members have the opportunity to develop skills and explore interests through peer and self-directed activities, ranging from agriculture to sport to community volunteering to the environment.



**"I have never seen so many sheep. When I told them we have only 50 ewes they laughed. But again they thought it was funny that we had a chicken farm."**

- Brittany in the U.K. (2015)

### What to Expect

If the timing works, your U.K. exchange may begin at the same time as youth arrive for exchanges from other parts of the world (4-H'ers and/or young farmers).

The YFC meetings are combined with social get-togethers and often involve visits to the local pub - a cultural pastime in the U.K.

You will likely live with two to four host families during your stay. This set-up will allow you to experience rural life in both England and/or Wales.

You will have the opportunity to:

- visit small family farms and visit some large-scale operations
- attend local events, including the Royal Welsh Show
- learn about the tradition of "English farming"

### Quick Facts

- The U.K. is made up of four territories: England, Northern Ireland, Scotland & Wales.
- Be sure to try Cornish pasties, Yorkshire pudding and of course, tea!
- The U.K. produces about 59% of the food it consumes.

Learn more about 4-H Canada's Going Global Exchanges at [4-h-canada.ca/goingglobal](http://4-h-canada.ca/goingglobal).

