

Internship and Application Information

2019 Careers on the Grow



With Careers on the Grow internship placements, 4-H'ers can participate in hands-on learning opportunities within companies, on farms, with social enterprises, and in rural and urban communities across Canada and abroad.

Careers on the Grow helps 4-H'ers build upon their technical and employable skills, while gaining meaningful work experience that expands their professional network. 4-H members "Learn To Do By Doing" through these placements, which are customized to meet the needs of the individual 4-H member and the placement partner.

2019 placements

Canadian placements range from three to four weeks, and international placements range from four to eight weeks. Exact placement dates are determined collaboratively by selected participants and the partner organizations.

In Canada – Supported by RBC:

- FoodShare, Toronto, Ontario (2 placements)
- Glacier Farm Media, Saskatoon, Saskatchewan (1 placement)
- Canadian Museum of Nature, Ottawa, Ontario (1 placement)

International – Supported by Saputo:

- 4-H Argentina, Argentina (2 placements)

[Learn more about each of these placements](#)

Registration fees and compensation

There is no registration fee for this program. 4-H members are given a \$250 honorarium for each week worked. This is to recognize their contributions and to help compensate for possible summer employment during the time of their placement.

4-H Canada covers:

- Air transportation
- Help in identifying host family
- Host family stipend
- A weekly honorarium, paid to the 4-H delegate following the program

Delegates should be prepared to pay for:

- Any checked luggage
- Passport, vaccines, visas (if applicable)
- Some ground transportation, particularly to/from job site and airport

2019 4-H Canada Careers on the Grow

- Some meals (some should be covered by hosts)
- Spending money while on placement

Accommodation

4-H Canada works with partner organizations and the 4-H members to arrange a host family near their placement, which helps to minimize living expenses.

All host families will be screened. Screening requirements include:

- Providing Criminal Record Checks for all adults over 18 years of age in the home
- Providing three family and home references
- Completing an online application form, including photos verifying suitability of home

International internship placements will require host family agreements tailored to each unique case.

Selected host families will receive a stipend to help cover costs of hosting, which will be paid at the end of the placement.

Application and selection

The Careers on the Grow program is open to 4-H members and alumni aged 18 to 25 years who are in good standing with their province.

Applications will be received online at apply.4-h-canada.ca from October 30, 2018 to January 15, 2019.

A 4-H Canada selection committee reviews each application and will shortlist delegates for phone or video conference interviews. Placement partners will be offered the opportunity to participate in the interview process and review applications.

Skills and qualifications 4-H Canada looks for include:

- Maturity and ability to describe why the placement will help them professionally
- Experience, including work, education, and/or volunteer experience
- An interest in the product or service associated with the placement that they are pursuing, whether it is healthy living, urban agriculture, working in a non-profit organization, or other
- Capability of working independently and with a team
- Strong contributions to 4-H in their club, province, and country

For more information

Have a question about the Careers on the Grow internships? Contact Melina Found, Youth Programs Manager at 1-844-759-1013 ext. 114 or mfound@4-h-canada.ca.

