

Internship and Application Information

Careers on the Grow, 2022



With Careers on the Grow internship placements, 4-H'ers can participate in hands-on learning opportunities within companies, on farms, with social enterprises, and in rural and urban communities across Canada and abroad.

Careers on the Grow helps senior 4-H members and alumni build upon their technical and employable skills while gaining meaningful work experience that expands their professional network. 4-H'ers will "Learn To Do By Doing" through these placements, which will take place through a variety of delivery methods.

Careers on the Grow internships are made possible thanks to the generous support of RBC and the Government of Canada.

2022 placements

Given ongoing COVID-19 pandemic health and safety measures and for the protection of participants, all internships offered in 2022 will take place domestically within Canada. Placements range from four to six weeks and will take place either in-person, virtually, or through a hybrid format depending on the internship host. Exact placement dates are determined collaboratively by selected participants and the partner organizations.

Internships placements available

There are 7 internship placements available in 2022. Refer to the table on the next page for an overview of each placement available.

To learn more about each of the placements, please visit 4-h-canada.ca/growingcareers/internships.

2022 4-H Canada Careers on the Grow Internships

2022 internship placement overview

Position	Company or organization	Format and location	About the internship
Agriculture Intern – Communications & Community Engagement	BASF Canada	In-person (if located in Calgary area), hybrid, or virtual	BASF is a global company with 12 divisions including agriculture. This intern position will work within the Canadian communications team.
Intern	Canadian Red Cross	Remote, virtual	Red Cross Canada is committed to helping people before, during, and after disasters, in Canada and overseas. This intern position will work in volunteer engagement and experience and community health.
Grain Industry Intern	Cargill	In-person/hybrid – Peace Region, Alberta	Cargill draws together the worlds of food, agriculture, nutrition, and risk management. This intern position will work in the grain and crop inputs sector.
Communications Intern	Cooperation Canada	Remote, virtual	Cooperation Canada is Canada’s national coalition of international development and humanitarian organizations working to achieve sustainable human development. This intern position will work with the communications team focusing in online resources and social media.
Intern	Food Banks Canada	Remote, virtual	Food Banks Canada (FBC) provides national leadership to relieve hunger today and prevent hunger tomorrow in collaboration with the food bank network from coast-to-coast-to-coast. This intern position will support in the creation of a GHC (greenhouse emissions calculations) tool, for use by FBC and the network of food banks across Canada.
Education and Training Intern	Second Harvest	Remote, virtual	Second Harvest is Canada’s largest food rescue organization and expert in perishable food recovery. The first intern position will work as an Education and Training intern supporting the development and facilitation of core training to various audiences nationally.
Operations Intern	Second Harvest	Remote, virtual	The second intern position will work as the Operations intern working with stakeholders, auditing donations, identifying policy barriers, and other work supporting the operations team.

2022 4-H Canada Careers on the Grow Internships

Registration fees and compensation

There is no registration fee for this program. **Participants will receive a \$500 honorarium for each week worked upon completion of the internship.** The same honorarium applies regardless of how the internship is delivered. This is given to recognize their contributions and to help compensate for possible summer employment they may miss out on during the time of their placement.

For in-person internships

4-H Canada provides:

- The cost of air transportation
- Help in identifying host family
- A host family stipend
- A weekly honorarium paid to the 4-H participant following the program

Delegates should be prepared to pay for:

- Any checked luggage during travel
- Some ground transportation, particularly to/from the job site and airport
- Some meals (some should be covered by hosts)
- Spending money while on placement

For virtual internships

4-H Canada provides:

- A weekly honorarium paid to the 4-H participant following the program
- Support for computer and internet needs for the duration of the internship as required

Delegates should be prepared to provide:

- Personal computer with audio and video conferencing capabilities
- Reliable internet connection

Accommodation (in-person placements only)

4-H Canada works with partner organizations and the 4-H participant to arrange a host family near their placement, which helps to minimize living expenses.

All host families will be screened. Screening requirements include:

- Providing Criminal Record Checks for all adults over 18 years of age in the home
- All family members eligible to received a COVID-19 vaccination, must sign an attestation to being fully vaccinated.
- Providing three family and home references
- Completing an online application form, including photos verifying the suitability of the home

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Selected host families will receive a stipend to help cover the costs of hosting, which will be paid at the end of the placement.

Application and selection

The Careers on the Grow program is open to 4-H members and alumni aged 18 to 25 years who are in good standing with their province. For in-person internships, only members who attest to being fully vaccinated will be considered.

Applications will be received online at apply.4-h-canada.ca from Oct. 25, 2021, to Jan. 12, 2022.

A 4-H Canada selection committee will review each application submitted. Applications will be reviewed based on written answers provided in the application form and the applicant's resume and cover letter which should highlight applicable skills and experience. The committee will shortlist delegates for phone or video conference interviews. Placement partners will be offered the opportunity to participate in the interview process and review applications.

Skills and qualifications 4-H Canada looks for in applicants include:

- Maturity and ability to describe why the placement will help them professionally
- Experience, including work, education, and/or volunteer experience
- An interest in the product or service associated with the placement that they are pursuing, whether it is healthy living, food security, working in a non-profit organization, or other
- The capability of working independently and with a team
- Strong contributions to 4-H in their club, province, and country

For more information

Have a question about the Careers on the Grow internships? Contact Leslie Noble, Adult Learning Manager at lnoble@4-h-canada.ca.