

United Kingdom

Country Profile

4-H Canada's Going Global Exchanges



4-H in the United Kingdom

4-H's counterpart in the United Kingdom is the National Federation of Young Farmers' Clubs (YFC). The YFC is 100% member-run, and engages youth aged 10 to 26 who are active in rural life and agriculture. Just like the Canadian 4-H experience, members have the opportunity to develop skills and explore interests through peer and self-directed activities, ranging from agriculture to sport to community volunteering to the environment.



"I have never seen so many sheep. When I told them we have only 50 ewes they laughed. But again they thought it was funny that we had a chicken farm."

- Brittany in the U.K. (2015)

What to Expect

If the timing works, your U.K. exchange may begin at the same time as youth arrive for exchanges from other parts of the world (4-H'ers and/or young farmers).

The YFC meetings are combined with social get-togethers and often involve visits to the local pub - a cultural pastime in the U.K.

You will likely live with two to four host families during your stay. This set-up will allow you to experience rural life in both England and/or Wales.

You will have the opportunity to:

- visit small family farms and visit some large-scale operations
- attend local events, including the Royal Welsh Show
- learn about the tradition of "English farming"



Quick Facts

- The U.K. is made up of four territories: England, Northern Ireland, Scotland & Wales.
- Be sure to try Cornish pasties, Yorkshire pudding and of course, tea!
- The U.K. produces about 59% of the food it consumes.

Learn more about 4-H Canada's Going Global Exchanges at 4-h-canada.ca/goingglobal.

