

## Ava Copas

### 2022 4-H Canada Leadership Excellence Awards of Distinction Recipient, Community Engagement & Communications

Ava Copas has been a member of the Avon 4-H Club since she was nine years old. She is currently the vice president on the Hants County 4-H Council and the Avon Club Reporter, but has also held the positions of Club Treasurer and County Secretary.

4-H has always been a major part of Ava's life and has opened many opportunities for her. She credits the 4-H program for shaping her into the person she is today.

Ava's passion for community engagement was evident throughout her time in high school, where she was actively involved in many committees. She was involved in Student Council, Head of the Promotional Committee, and a member of the Group of 12 and the Student Advisory Council - two groups focused on combatting racial and societal injustices within the school and greater community.

Ava also organized and led a school and community-based food drive with the organization Teens for Change. While a member of Teens for Change, she advocated for the use of reusable bags, and gave presentations at local grocers to encourage their use among the public. Positive change, being a leader, and the health of the agricultural industry and the environment are Ava's greatest passions.

Ava will be attending Acadia University this fall to attain her bachelor's degree in history with a Minor in Environment and Sustainability Studies. She plans to become a defence lawyer specializing in agriculture and environmental law. Ava is extremely grateful for being selected as a L.E.A.D. recipient.

